

Family Respite

For people with developmental disabilities who live at home with their families, AHRC Nassau provides overnight, out-of-home residential respite to support families.



Residential Respite

Residential respite provides short-term care on a planned basis to families caring for an adult (18 years and older) who is OPWDD eligible. Respite services include the support of professionally trained and certified staff members along with nursing oversight.

For more information, please go to ahrc.org/contact and complete the form or call Central Enrollment at 516.644.4800 during business hours.

Family Reimbursement Program

Family Reimbursement provides monetary assistance to help defray the cost of quality-of-life enhancing expenses incurred on behalf of a household member with a developmental disability. Family reimbursement funding is provided through the Office for People With Developmental Disabilities (OPWDD).

To be eligible for reimbursement, the person must qualify for OPWDD services, the expenses must directly benefit the person with a developmental disability and the expenses must not be able to be covered by any other means.

Reimbursement guidelines and application can be accessed by going to ahrc.org/familysupports and expanding the Family Reimbursement Program tab. **Questions can be answered by calling 516.644.4800 during business hours.**

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A chapter of  **The Arc**
New York

ahrc.org
516.644.4800 or ahrc.org/contact

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Family Support Services

Family Support Services

Family is the most important resource and source of support in the life of a person with a developmental disability.

The dynamic partnership between the person with developmental disabilities, their family and friends, and our professional supports distinguish AHRC Nassau from other service providers. Services to families are provided to strengthen families' capacities to support family members with intellectual and developmental disabilities and to build their own supportive network.

We offer individualized resources and opportunities, with key services including our family respite services, seminar series, sibling supports, a family reimbursement program and guardianship resources.

Families are encouraged to plan for the future needs of their family member with a developmental disability. If you are interested in learning more about future planning please contact AHRC Nassau's Central Enrollment offices for assistance and referral.

Central Enrollment can be contacted by completing the form at ahrc.org/contact or by calling 516.644.4800 during business hours.



Family Education

Our Family Seminar Series provides a year-long calendar of workshops, presented by professionals in the field, on topics that are important to families in their care and support of a person with a developmental disabilities.

Visit ahrc.org/familysupports for a detailed full seminar listings and to register.



Sibling Supports

Our Sibling Group is for adult brothers and sisters who have a sibling receiving services through AHRC Nassau. Meetings often present a topic of interest, serve to support one another and offer guidance based on real-life experience. A staff member is available to offer support and discuss current life challenges/concerns. Come join us! Siblings meet four times a year. **To learn more, call 516.293.2016 ext. 5492.**

Guardianship Services

At the age of 18, every person, regardless of any developmental disability, is legally considered to be emancipated and are recognized as an adult capable of acting in his/her self-interest. Under current NYS law, guardianship is appropriate for a person with an intellectual or developmental disability for whom it has been determined by two qualified professionals to be legally incapable of managing his/her own affairs, specifically concerning daily living, healthcare, residential, and/or financial decision-making.

Parents of a child who meets the above criteria can consider establishing legal guardianship when their child reaches 18. Assistance with obtaining guardianship for a family member with a developmental disability is available, as is assistance with future care planning.

In cases of last resort, The Arc New York has the authority to act as guardian for an adult with an intellectual and developmental disability living in Nassau County. Serving as a corporate guardian, The Arc New York may be available to serve as primary, standby, or alternate standby guardian. In order to have The Arc New York serve as guardian, you must apply and be approved by both AHRC Nassau and The Arc New York.

To learn more, contact Eileen Stewart-Rooney, Guardianship Coordinator by phone at 516.546.7700 ext. 4205

